

Approved by
President of International All-
Style Karate Federation



R. Gabbasov

2024

Regulations on

International IASKF Festival

Oryol, Russia
2024

1. General Provisions

Goals and targets:

- to promote and develop of the all-style karate all around the world;
- to strengthen international sports ties.

2. Place and date of the competition

Dates: 16-19.11.2024

Location: Touristic Multifunctional Complex “Grinn”, 4 Kromskoye highway, Oryol, Russia

3 Competition organizers

- International public organization “All-Style Karate Federation”;
- All-Russian public sport organization “All-Style Federation of Russia”.

Panel of Referees:

Chief Referee – Mr. Ramil Gabbasov;
Deputy Chief Referee – Mr. Nikolay Levukov;
Deputy Chief Referee – Mr. Sergey Vishnyakov;
Deputy Chief Referee – Mr. Sergey Khodko;
Chief Secretary – Mr. Dmitriy Nazarov;
Deputy Chief Secretary – Mrs. Ekaterina Butova;
Deputy Chief Secretary – Mr. Dmitrii Kupka;
Deputy Chief Secretary – Mr. Aleksandr Yanov.

The IASKF International Festival Referees Corps will be formed 16.11.2024 on the basis of the results of the work of the international judicial seminar of referees who received “good” and “excellent” marks.

Address of the organizing committee: office 107, 1-7, Radio str., Moscow, Russia.

Contacts: phone: +7 (495) 640-77-02

4. Requirements for competitors and conditions for their admission

Size of the membership:

- team’s official representative;
- athletes.

Each participant admitted to the competition must have its own:

- white karate-gi approved by regulations (<http://askarate.ru/all-styles-karate.html>);
- 2 belts (red and white);
- means of protection, in accordance with the rules of the competition on separate group of karate disciplines (LC, FC, MP).

ATTENTION! Each athlete has to take its own uniform equipment and personal means of protection.

5. Festival program

November 16, 2024

10:00 – 17:00 – the arrival day, committee on admission of competitors International Judicial Seminar.

10:00 – 17:00 - International Judicial Seminar.

All official team representatives noted in country applications come to the committee with documents (noted in part 11.5 of this regulations). Committee's accountant can take voluntary donation for the championship.

18.00 – Meeting with representatives of teams.

16.00 - 19.00 – weigh in (registration) of the athletes taking part in competitions November 17, 2024 (athletes should be accompanied by their representatives): LC weight category, FC weight category (all age groups).

Admission to weigh-in men - 200 g, women - 300 g.

Dress code for weigh-in:

Men: shorts.

Women: shorts or leggings, T-shirt or top.

The exact schedule will be adjusted after the admissions committee.

November 17, 2024

09.30 – judges panel readiness

10.00 - 19.00 – competitions

13.00 - the opening ceremony of the competition

14.00, 16.00, 19.00 - award ceremony

№ Tatami	Time	Age groups	Discipline
Татами № 1	10.00 – 19.00	veteran men 36+ y.o.	LC-kata-vado-ryu
		veteran women 36+ y.o.	LC-kata-vado-ryu
		boys 8 - 9 y.o.	LC-kata-vado-ryu
		girls 8 - 9 y.o.	LC-kata-vado-ryu
		boys 10 - 11 y.o.	LC-kata-vado-ryu
		girls 10 - 11 y.o.	LC-kata-vado-ryu
		boys 8 - 9 y.o.	LC-kata-rengokai
		girls 8 - 9 y.o.	LC-kata-rengokai
		boys 8 - 9 y.o.	LC-kata-group
		girls 8 - 9 y.o.	LC-kata-group
		boys and girls 8 - 9 y.o.	LC-kata-bunkai (mixed)
		girls 10 - 11 y.o.	LC-kata-rengokai
		boys 10 - 11 y.o.	LC-kata-rengokai
		boys 10 - 11 y.o.	LC-kata-group
		girls 10 - 11 y.o.	LC-kata-group
boys and girls 10 - 11 y.o.	LC-kata-bunkai (mixed)		
Татами № 2	10.00 – 19.00	veteran men 36+ y.o.	LC-kata-goju-ryu
		veteran women 36+ y.o.	LC-kata-goju-ryu
		veteran men 36+ y.o.	MP-kata-solo with object

		veteran women 36+ y.o.	MP-kata-solo with object
		boys 8 - 9 y.o.	LC-kata-goju-ryu
		girls 8 - 9 y.o.	LC-kata-goju-ryu
		boys 8 - 9 y.o.	MP-kata-solo with object
		girls 8 - 9 y.o.	MP-kata-solo with object
		boys 10 - 11 y.o.	LC-kata-goju-ryu
		girls 10 - 11 y.o.	LC-kata-goju-ryu
		boys 10 - 11 y.o.	MP-kata-solo with object
		girls 10 - 11 y.o.	MP-kata-solo with object
Татами № 4	10.00 – 19.00	veteran men 36+ y.o.	LC-kata-rengokai
		veteran women 36+ y.o.	LC-kata-rengokai
		women	LC-kata-bunkai
Татами № 5	10.00 – 19.00	boys 8 - 9 y.o.	MP-kata-solo
		boys 8 - 9 y.o.	FC-kata-solo
		boys/girls 8 - 9 y.o.	FC-kata-group (mixed)
		boys/girls 8 - 9 y.o.	MP-kata-group (mixed)
		girls 8 - 9 y.o.	MP-kata-solo
		girls 8 - 9 y.o.	FC-kata-solo
		boys 10 - 11 y.o.	MP-kata-solo
		boys 10 - 11 y.o.	FC-kata-solo
		girls 10 - 11 y.o.	MP-kata-solo
		boys 10 - 11 y.o.	FC-kata-group
		boys 10 - 11 y.o.	MP-kata-group
		boys and girls 10 - 11 y.o.	MP-kata-group (mixed)
Татами № 6	10.00 – 19.00	veteran men 36+ y.o.	MP-kata-solo
		veteran men 36+ y.o.	FC-kata-solo
		veteran women 36+ y.o.	MP-kata-solo
		veteran women 36+ y.o.	FC-kata-solo
		men	LC- kata-para
		women	LC- kata-para
		veteran women 36+ y.o.	FC- weight category 75, 75+ кг
		veteran men 36+ y.o.	FC- weight category 75, 75+ кг
		veteran women 36+ y.o.	LC- weight category 75, 75+ кг
		veteran men 36+ y.o.	LC- weight category 75, 75+кг

November 7, 2023

09.30 – judges panel preparedness

10.00 - 19.00 – competitions

14.00, 16.00, 19.00 - award ceremony

№ Tatami	Time	Age groups	Discipline
Татами №1	10.00 – 19.00	girls 8 - 9 y.o.	Nunchaku battles below 140 sm over 140 sm
		boys 8 - 9 y.o.	
		girls 10 - 11 y.o.	Nunchaku battles below 145 sm over 145 sm
		boys 10 - 11 y.o.	
		girls 12-13 y.o.	Nunchaku battles

	boys 12-13 y.o.	below 156 sm over 156 sm
	girls 14-15 y.o.	Nunchaku battles
	boys 14-15 y.o.	below 169 sm over 169 sm
	men	Nunchaku battles below 169 sm over 169 sm
	women	Nunchaku battles below 169 sm over 169 sm

November 19, 2024 – day of the team’s departure.

The age of the athlete is determined on the day of the competition.

Competitions are held in accordance with International All-Style Karate Federation’ regulations.

Athletes	Discipline
boys 8-9 years old	LC-kata-goju-ryu
	LC-kata-vado-ryu
	LC-kata-rengokai
	LC-kata-group
	MP-kata-solo with object
	FC-kata-solo
	MP-kata-solo
	Nunchaku battles below 140 sm
	Nunchaku battles over 140 sm
girls 8-9 years old	LC-kata-goju-ryu
	LC-kata-vado-ryu
	LC-kata-rengokai
	LC-kata-group
	MP-kata-solo with object
	FC-kata-solo
	MP-kata-solo
	Nunchaku battles below 140 sm
	Nunchaku battles over 140 sm
boys and girls 8 - 9 years old	LC-kata-bunkai (mixed)
	FC-kata-group (mixed)
	MP-kata-group (mixed)
boys 10-11 years old	LC-kata-goju-ryu
	LC-kata-vado-ryu
	LC-kata-rengokai
	LC-kata-group
	MP-kata-solo with object
	FC-kata-solo
	MP-kata-solo
	FC- kata-group

	MP- kata-group
	Nunchaku battles below 145 cm
	Nunchaku battles over 145 cm
girls 10-11 years old	LC-kata-goju-ryu
	LC-kata-vado-ryu
	LC-kata-rengokai
	LC-kata-group
	MP-kata-solo with object
	MP-kata-solo
	Nunchaku battles below 145 cm
	Nunchaku battles over 145 cm
boys and girls 10 - 11 years old	LC-kata-bunkai (mixed)
	MP-kata-group (mixed)
boys 12-13 years old	Nunchaku battles below 156 cm
	Nunchaku battles over 156 cm
girls 12-13 years old	Nunchaku battles below 156 cm
	Nunchaku battles over 156 cm
young men 14-15 years old	Nunchaku battles below 169 cm
	Nunchaku battles over 169 cm
girls 14-15 years old	Nunchaku battles below 169 cm
	Nunchaku battles over 169 cm
men	MP- kata-para
	Nunchaku battles below 169 cm
	Nunchaku battles over 169 cm
women	MP- kata-para
	LC-kata-bunkai
	Nunchaku battles below 169 cm
	Nunchaku battles over 169 cm
male veterans 36+ years	LC-kata-goju-ryu
	LC-kata-vado-ryu
	LC-kata-rengokai
	MP-kata-solo with object
	FC-kata-solo
	MP-kata-solo
	FC- weight category
	LC- weight category
veterans women 36+ years	LC-kata-goju-ryu
	LC-kata-vado-ryu
	LC-kata-rengokai
	MP-kata-solo with object
	FC-kata-solo
	MP-kata-solo
	FC- weight category
	LC- weight category

6. Summing up terms

6.1 Sports competitions in fights and in biathlon are held according to the Olympic system: the winner of the final fight takes the first place, the loser takes the second, the losers of the semi-final fight for the third place.

6.2 In the competition program bouts "LC-weight category":

Bout time: for men - 2 min., for women - 2 min.

In case of a draw, an additional time of 1 min. (enchu-sen) is announced before the first technical action to be evaluated. Warnings, penalties and points are transferred to the extra time. In case of a draw in enchu-sen, victory is awarded by the judges' decision (hantei).

6.3 The number of participants in the categories " LC-weight category ", "FC-weight category " is 3 athletes, the category is held according to the round robin system. The winner is determined by the number of victories. If the number of wins is equal, the winner (loser) is determined by the number of points. In case of equal sum of points, the number of scored ippons (LC) and the number of knockdowns (FC) are counted. If the equality is maintained in terms of ippons and knockdowns, then the winner (loser) is determined by the lowest (highest) number of penalties (chui). Athletes ranked second, third place, or first, second are determined by the results of a personal meeting. In case of equality of all indicators to determine the winner, the category is held again.

6.4 LC-kata-goju-ryu, LC-kata-rengokai, LC-kata-vado-ryu, MP-kata-solo, LC-kata group mixed, FC-kata group, FC-kata group mixed competitions are held by point system.

Refereeing in the group of disciplines, containing the word «kata», in the age categories in the individual standings: 8-9 years is made on flags, 10-11 years on a mixed system: preliminary rounds (Olympic system) on flags, in the final are 4 participants. Final performances are rated by the point system. Moving from one level of the competition to another, participants perform kata, in each round and in the final different from the previous. Kata can be repeated in the 8–9-year category.

After entering the tatami athlete declares the name of the kata being performed.

Athletes acting in the disciplines of "LC-kata" and "MP-kata solo" perform kata from the approved list, application №5:

LC-kata-rengokai - E-096-G-132;

LC-kata-goju-ryu – G0490K-G0770K;

LC-kata-vado-ryu - B-019LC-B-032LC, V-033LC-V-048LC, S133LC-S164LC;

MP-kata-solo – A001MP-A018MP; D078MP-D095MP.

LC-kata winners are determined in 3rd round.

In the discipline "MP-kata-solo" the athlete cannot perform kata with the same difficulty coefficient. Difficulty coefficient of the 1st round is not counted in score of the 1st round.

In the case of equality of points among athletes in the first or second round, the winner is determined by the performance of athletes with the same points, an additional kata. Additional kata must have the same difficulty coefficient as the kata performed by athletes in the round with the same points, but must not be repeated.

In the second round of the competition 8 (eight) athletes who scored the highest number of points in the first round go to the second round. In the third round of the

competition (final) are 4 (four) athletes who scored the highest number of points in the second round.

MP-kata-solo winners are determined with the sum of points of all 3 rounds.

In case of equality of the sum of points of all three rounds, the winner is determined by the final points of the third round. In case of equality of points of the third round, athletes perform an additional kata. Additional kata must have the same difficulty factor as the kata performed by athletes in the third round, but must not be repeated.

In MP-kata-solo with object program:

- 8-9, 10-11 y.o. athletes perform with long weapon (BO, EKU, DZE) in all rounds;
- Veteran men, veteran women in 1st round athletes perform with long weapon (BO, EKU, DZE), in the 2nd round – twin or flexible weapon (twin – KAMA, TONFA, SAI, flexible – nunchaku), 3 round - twin or flexible weapon (it is forbidden to use the same weapon).

8 athletes go to the 2nd round, 4 athletes go to final. **MP-kata-solo with object with object are determined by points in all 3 rounds.**

In case of outage athlete perform kata with long weapon.

7. Awarding ceremony

7.1 All 1st, 2nd and 3rd place winners will be given the medals and diplomas of the hosting organization.

7.2 Extra prizes for the athletes, coaches and referees could be provided by sponsors and other organizations.

8. Financing terms

8.1 Travel of athletes, coaches and judges (food, accommodation, insurance) - is provided at the expense of sending organizations.

8.2 Donation for the competition is **25 euro** per participant for each discipline (in rubles 2500).

Donations are to be paid by bank transfer no later than **November 1, 2023** to the bank account of the international public organization “All-Style Karate Federation” (Attachment 2) with the comment - “Donations for competitions (country, number disciplines)”. It is also can be paid during the committee on admission on **November 5, 2023**.

Donations are not refundable in case athlete cannot take part in the competitions.

8.3 The amount of the advance payment for the appeal is 50 euros (in rubles at the rate on the day of payment). In case the appeal is successful, money will be reimbursed.

9. Ensuring the safety of participants and spectators

9.1 Participants and spectators' security are made in accordance with the requirements of the Rules of Security in the Conduct of Official Sports Competitions, approved by the Decree of the Government of the Russian Federation of 18 April 2014. №353 and in accordance with the Regulations of official sport competitions holding and all-style karate competition's holding.

9.2 Competitions are held at the sport venue, included in the All-Russian Register of Sports Venues in accordance with the Federal Law of December 4, 2007, 329-FZ «On Physical Culture and Sports in the Russian Federation».

9.3 Provision of medical care is carried out in accordance with the order of the Ministry of Health of the Russian Federation from 23.10.2020 1144n. " On the approval of the procedure for the organization of medical assistance to persons engaged in physical culture and sports (including in the preparation and conduct of physical activities and sports events), including the procedure for medical examination of persons, wishing to undergo sports training, to engage in physical training and sports in organizations and (or) to fulfill the standards of tests (tests) of the All-Russian Physical Culture and Sports Complex "Ready for work and defense" (GTO)" and forms of medical certificates of admission to physical education and sports.

10. Insurance

10.1 Participation in sports competitions is carried out only in the presence of life and health insurance policy against accidents during the competition (sports insurance with the indication of the sport "All-Style Karate").

11. Application for participants

11.1 Preliminary applications for participation in World Championship from a country or a club are submitted in Microsoft excel form at the mail address: vsekarate@rsbi.ru until **12.11.2024**.

11.2 Attention! Sending organization is fully responsible for accuracy of the documents provided to the competitions. Team representative is personally responsible for the information given in the documents (noted in chapter 11.5) presented to the Committee of the admission.

Head judges of tatami are responsible for the harm made to participants within their competence.

11.3 If the applications are received after the expiration of the deadline or with the lack of necessary information, the athlete would be fined to 25 euros or 2500 rubles.

11.4 The applications for the World Championship (Attachment 1) signed by the head of the delegation and the doctor; other documents are submitted to the committee on admission on the pay of passing the admission.

11.5 List of documents for the committee on admission (for each athlete):

- passport or birth certificate;
- admission of a sports doctor to participate in competitions valid at the moment of competitions (originals) for Russian athletes;
- accident insurance contract valid at the time of the competition (original);
- copy of the document (possibly in electronic form) about the payment of the starting fee.

12. Accommodation and transfer

Accommodation of participants of competitions is carried out in TMC «GRINN». Booking: tel.: + 7 (4862) 20-12-30 from 10:00 to 19:00 Monday - Friday or by email booking@partner-group.ru

Application to participate
In International *IASKF Festival*

Country _____ national team/club: _____
circle correct

Location: *Oryol, Russia*

Committee on admission date: November 16, 2024

№	Family name	Name	Sex	Date of birth	Age (full years)	Sport title	Discipline		Personal coach's name	Doctor's signature, stamp
							Duels	Kata		

Number of athletes allowed to compete: _____

Medical doctor post:

_____/_____
Signature / full name

All athletes were officially qualified in all-style karate.

Official team representative: _____
Full name

Official all-style karate head of the country

Head's position

_____/_____
Подпись, МП / Фамилия и инициалы

Confirm that the documents (life and health insurance policy against accidents, compulsory health insurance policy (original documents)) of athletes meet the requirement. And I am able to provide them on short notice.

Official team representative _____
(signature)

(full name)

Receipt for payment

Name of the Organization	International All-Style Karate Federation
Short name of the Organization	IASKF
Address	105005, Moscow, Radio st., 7/1
Principle State Registration Number	1057700015372
Tax Identification number (TIN)	9701053222
Tax registration reason code (TRC)	770101001
Account	40703978538001000574 of SBERBANK (Moscow, Russia)
SWIFT	SABRRUM
Address	Russian Federation, Moscow, Vavilov Ul.19
Purpose of payment	Competition fee (fill in the name of the competition)
Country	Fill in by yourself

To the Chief Referee Mr. R. Gabbasov

From _____
(full name of the father)

ID/Passport № _____

From _____
(full name of the mother)

ID/Passport № _____

APPLICATION

Please allow our son / daughter

Name, Family name
date of birth _____

to take part in International IASKF Festival that will be held TMC "GRINN", Oryol, Russia 16-19.11.2024.

In case of having injuries and its consequences during competitions including consequences of using allowed and not allowed techniques, and or being at the venue of the competitions or preparation for the competitions, we are not in position to complain with head judge, organizers, coaches and venue owners.

Rules of International IASKF Festival are known.

Name, Family name *Signature*_____

Name, Family name *Signature*_____
Date

To the Chief Referee Mr. R. Gabbasov

From _____
(full name of the athlete)

APPLICATION

For International IASKF Festival, 16-19.11.2024.

Address: TMC "Grinn", Oryol, Russia

I, _____,
Full name

made a decision to participate in this competition. I accept all the risks of duels.

In case of injuries and related consequences, I have no claims to coaches, organizers of competitions, as well as to judges, including the Chief Referee of competitions.
Rules of International IASKF Festival are known.

ID/Passport № _____

ID/Passport Issued on _____

signature

full name

All-Style Karate Federation list of kata

Number-code	Name of kata	Coefficient of difficulty
A-001	Shoshin no kata Sono Iti	1,0
A-002	Kikhon no kata Sono Iti	1,0
A-003	Shoshin no kata Sono Ni	1,01
A-004	Kumite no kata Sono Iti	1,01
A-005	Goshin no kata Sono Ichi	1,01
A-006	Kumite no kata Sono Ni	1,02
A-007	Kikhon no kata Sono Ni	1,02
A-008	Geiko no kata Sono Ichi	1,02
A-009	Goshin no kata Sono Ni	1,02
A-010	Geiko no kata Sono Ni	1,02
A-011	Kumite no kata Sono San	1,03
A-012	Kikhon no kata Sono San	1,03
A-013	Geiko no kata Sono San	1,03
A-014	Geiko no kata Sono Ion	1,03
A-015	Kumite no kata Sono Yon	1,04
A-016	Kumite no kata Sono Go	1,04
A-017	Gisen no kata Sono Ichi	1,04
A-018	Gisen no kata Sono Ni	1,04
B-019	Dai Ik-kyo	1,0
B-020	Dai San-kyo	1,0
B-021	Dai Ni-kyo	1,01
B-022	Yon-kyo	1,01
B-023	Dai Go-kyo	1,01
B-024	Pipan Shodan	1,02
B-025	Kosiki naikhanchin	1,02
B-026	Vankan	1,03
B-027	Seisan	1,03
B-028	Kosiki Bassai	1,03
B-029	Kushanku	1,04
B-030	Kosiki Kusoku	1,04
B-031	Sochin	1,04
B-032	Nijusikho	1,04
V-033	Kikhon no-kata	1,0
V-034	Pinan – Nidan	1,0
V-035	Pinan – Sandan	1,0
V-036	Pinan – Shodan	1,01
V-037	Pinan – Yondan	1,01
V-038	Pinan – Godan	1,01
V-039	Jion	1,02
V-040	Jutte	1,02
V-041	Naikhanchi	1,02
V-042	Niseisi	1,02

V-043	Bassai	1,03
V-044	Rokhai	1,03
V-045	Vansyu	1,03
V-046	Seishan	1,04
V-047	Chinto	1,04
V-048	Kusyanku	1,04
G-049	Gekisaidan I-II	1,0
G-050	Fukugata I-II	1,0
G-051	Pinan I-V	1,0
G-052	Saifa	1,01
G-053	Seyunchin	1,01
G-054	Sisochin	1,01
G-055	Vanshu	1,01
G-056	Ananku	1,01
G-057	Pasai Dai	1,01
G-058	Naifanchi I-III	1,01
G-059	Passai	1,01
G-060	Tomari Bassai	1,01
G-061	Sanseru (Aoyagi)	1,02
G-062	Seipai	1,02
G-063	Jeon	1,02
G-064	Jitte	1,02
G-065	Seisan	1,02
G-066	Rokhai	1,02
G-067	Vanchnin	1,02
G-068	Kururunfa	1,03
G-069	Bassai Sho	1,03
G-070	Nijushiho (Niseisi)	1,03
G-071	Tomari Kha Bassai	1,03
G-072	Kushanku Sho	1,03
G-073	Vankan	1,03
G-074	Suparinpei	1,04
G-075	Gojushikho	1,04
G-076	Kyan No Shinto	1,04
G-077	Yara Kushanku	1,04
D-078	Taikyoku Sonoichi	1,0
D-079	Taikyoku Sono ni	1,01
D-080	Pinan Sono ni	1,01
D-081	Geksai dai	1,01
D-082	Taikyoku Sono san	1,02
D-083	Pinan Sono san	1,02
D-084	Yantsu	1,02
D-085	Pinan Sonoichi	1,03
D-086	Pinan Sonoyon	1,03
D-087	Seichin	1,03
D-088	Saifa	1,03
D-089	Garyu	1,03
D-090	Tsuki no kata	1,03
D-091	Pinan Sono go	1,04
D-092	Seipai	1,04
D-093	Geksaisho	1,04

D-094	Kanku dai	1,04
D-095	Sukhikho	1,04
E-096	Heyan Oy-Kumi	1,0
E-097	Taiji Shodan	1,01
E-098	Vanshu	1,01
E-099	Meikyo Shodan	1,01
E-100	Tekki Oy-Kumi	1,01
E-101	Taiji Nidan	1,02
E-102	Kanku Oy-Kumi	1,02
E-103	Matsumura Passai	1,02
E-104	Kaminaru	1,03
E-105	Setsubama Yama	1,03
E-106	Мейкьо Нидан	1,03
E-107	Вашинома	1,04
E-108	Meikyo Sandan	1,04
E-109	Yon Rei	1,04
E-110	Taiji Sandan	1,04
ZH-111	Taikyoku Shotokan	1,0
ZH-112	Heyan Shodan	1,0
ZH-113	Heyan Nidan	1,0
ZH-114	Heyan Sandan	1,01
ZH-115	Heyan Yondan	1,01
ZH-116	Heyan Godan	1,01
ZH-117	Tekki Shodan	1,01
ZH-118	Bassai Dai	1,02
ZH-119	Jion	1,02
ZH-120	Enpi	1,02
ZH-121	Kanku Dai	1,02
ZH-122	Jitte	1,02
ZH-123	Jiin	1,02
ZH-124	Sochin	1,03
ZH-125	Nijuzhikho	1,03
ZH-126	Kanku Sho	1,03
ZH-127	Bassai Sho	1,03
ZH-128	Chintei	1,03
ZH-129	Gojushikho Sho	1,04
ZH-130	Gojushikho Dai	1,04
ZH-131	Gankaku	1,04
ZH-132	Unsu	1,04
S-133	Pinan– Heyan (1-5)	1.0
S-134	Saifa	1.1
S-135	Aoyagi	1.01
S-136	Jiin	1.01
S-137	Juroku	1.01
S-138	Jitte	1.01
S-139	Sanseiru	1.01
S-140	Naifantin (1-3)	1.01
S-141	Vansyu	1.01
S-142	Kosokun-sho	1.01
S-143	Seinchin	1.02
S-144	Bassai-dai (sho)	1.02

S-145	Jion	1.02
S-146	Kosokun-dai	1.02
S-147	Niseisi	1.02
S-148	Matsumura Rokhai	1.02
S-149	Matsumura Bassai	1.02
S-150	Seisan	1.02
S-151	Chinto	1.02
S-152	Seipai	1.03
S-153	Tomari Bassai	1.03
S-154	Paiku	1.03
S-155	Heiku	1.03
S-156	Pachu	1.03
S-157	Gojushikho	1.03
S-158	Kukurumfa	1.03
S-159	Nipaipo	1.04
S-160	Suparinpei	1.04
S-161	Unsu	1.04
S-162	Papuren	1.04
S-163	Annan	1.04
S-164	Chatanyara Kushanku	1.04

1. ASHIKHARA – A
2. KOSIKI – B
3. VADO-RYU – V
4. GOJU-RYU – G (Shorin – ryu, Uechi – ryu)
5. KYOKUSINKAI – D
6. FUDOKAN – E
7. SHOTOKAN – ZH
8. KAZE – HA – ZH
9. SITO – RYU – S
10. MP – kata solo with object - SP